

# 40 HOURS DEVOTION

at

## SAINT PHILIP CATHOLIC CHURCH



Sunday, April 30th *through* Tuesday, May 2nd

Greetings in Christ Jesus

The Feast Day of Saint Philip, our Patronal Feast Day, is coming very soon. It is a tradition of the Church to spend the days before the Patron Feast Day in prayer and Adoration.

You may recall that we here at Saint Philip did this very thing last year, and we plan to do so again! Beginning on Sunday, the 30th of April, the Blessed Sacrament will be exposed upon the Altar in the Church. Adoration will continue until Tuesday evening, when the Parish will celebrate the Feast Day of Saint Philip with a Mass at 7:00 pm, followed by a party!

In order to facilitate this great devotion we will need help! Jesus Christ in The Blessed Sacrament must be attended continuously as long as He remains exposed on the Altar. We will need volunteers to pray in the Church for an hour. We will also need volunteers to bring food to the party! We are asking all in the parish to participate in this devotion in some way. Even if you cannot support this devotion in the ways mentioned above, we ask that you support it with your prayers.

This is an opportunity to gather as a community, offering thanks to almighty God for the gift of this Parish, the gift of our Faith, and the gift of the Most Holy Eucharist. It is also an opportunity to pray for our Parish, our families, our friends and ourselves. Finally, it is an opportunity to grow in devotion to Christ in the most Blessed Sacrament.

We look forward to praying and partying with you in just a few weeks!

May God bless you all!

The Priests at Saint Philip Catholic Church

*Full schedule of events on reverse side. For more information, or to volunteer, go to [www.StPhilipsParish.com](http://www.StPhilipsParish.com) or Call the Parish Office at 703-573-3808*



*“As two pieces of wax fused together make one, so he who receives Holy Communion is so united with Christ that Christ is in him and he is in Christ.”*  
- St. Cyril of Alexandria

## SCHEDULE OF 40 HOURS

### SUNDAY, April 30th

- 6:00 PM – Vespers (*Evening Prayer*)  
*40 Hours officially begins*
- 6:30 PM – Snacks in Room 5  
*Snacks will be available in until May 2nd*
- 7:00 PM – Youth Holy Hour
- 9:30 PM – Matins (*Office of Readings*)
- 9:45 PM – Compline (*Night Prayer*)

### MONDAY, May 1st

- 6:00 AM – Lauds (*Morning Prayer*)
- 8:30 AM – Lauds (*Morning Prayer*)  
*Same as at 6:00 AM*
- 9:00 AM – Mass in honor of St. Joseph
- 12:00 PM – Daytime Prayer
- 6:30 PM – Vespers (*Evening Prayer*)
- 7:00 PM – Mass in honor of St. Joseph
- 8:00 PM – Spanish Holy Hour
- 9:30 PM – Matins (*Office of Readings*)
- 9:45 PM – Compline (*Night Prayer*)

### TUESDAY, May 2nd

- 6:00 AM – Lauds (*Morning Prayer*)
- 8:30 AM – Lauds (*Morning Prayer*)  
*Same as at 6:00 AM*
- 9:00 AM – Mass in honor of St. Athanasius
- 10:00 AM – Eucharistic Procession at  
Corpus Christi ECC
- 12:00 PM – Daytime Prayer
- 6:30 PM – Vespers (*Evening Prayer*)
- 7:00 PM – Mass in honor of St. Philip
- 7:30 PM – Party in the Cafeteria!

*"Nobody can be saved except he who receives the most holy Body and Blood of our Lord. And when It is sacrificed on the altar by the priest or borne anywhere, let all the people on bended knees render praise, glory and honor to the True and Living Lord God."*

*- St. Francis of Assisi*



*"Jesus has made Himself the Bread of Life to give us life. Night and day, He is there. If you really want to grow in love, come back to the Eucharist, come back to that Adoration."  
- Bl. Teresa of Calcutta*

## HISTORY OF 40 HOURS DEVOTION

The devotion of 40 Hours of Adoration began in Milan in 1537. From there it spread rapidly throughout Europe, and was officially and enthusiastically endorsed by Pope Clement VIII in 1592. The number "40" has great significance to Christians (The Hebrews traveled 40 years in the desert before entering the Promised Land; Jesus fasted 40 days in the desert; Lent lasts 40 days; etc.)

The Devotion was prominent in the Church in the U.S. To help the young American Church grow, often in the face of public adversity and opposition, St. John Neumann (Bishop of Philadelphia) promoted the devotion in the city in 1853. By 1866 all other Dioceses in the United States had adopted the practice in their Parishes.

It remains a practice in Parishes in the United States, and throughout the whole world, to this day.

